

TROY A. COPPUS, EDD, LAT, ATC, CSCS

105 Margaret Lane
Troy, AL 36079

Phone: (812) 661 9401
tacoppus@gmail.com

EDUCATION

University of North Carolina Greensboro, Greensboro, North Carolina

Ed.D. in Kinesiology, Online Program

August 7, 2020

Dissertation: The Value of Subjective Measures in Quantifying Workload and Injury Incidence
in Male Intercollegiate Soccer Players

Committee: Dr. Pam Brown (Co-Chair), Dr. Diane Gill (Co-Chair), Dr. Bill Karper

GPA: 4.00/4.00

High Point University, High Point, North Carolina

M.S. in Sport Studies

May 6, 2006

Created instructional videos of entire body AROM, PROM, RROM/MMT, and orthopedic special
tests to fulfill requirements for Practicum course

GPA: 4.00/4.00

Ohio Northern University, Ada, Ohio

B.S. in Athletic Training

May 23, 2004

Minor: Exercise Physiology

Honors: Graduate "with Distinction"

GPA: 3.59/4.00

TEACHING EXPERIENCE

Troy University, Troy, Alabama

Athletic Training Program/Kinesiology and Health Promotions Department

Instructor – AT 6610 "Healthcare Management & Quality Improvement"

Summer 2021

Instructor – AT 6662 "Clinical Experience II"

Summer 2021

Instructor – AT 6632 "Examination and Therapeutic Management II"

Summer 2021

University of Evansville, Evansville, Indiana

School of Health Sciences

Instructor – AT 490 "Pharmacology and Medical Conditions"

Fall 2019 – Fall 2020

Instructor – AT 690 "Gen Med & Pharm in Athletic Health Care"

Fall 2019 – Fall 2020

Instructor – AT 590 "Graduate Clinical Level I"

Summer 2019 – Summer 2020

Instructor – AT 580 "Evidence Based Inquiry"

Summer 2019 – Summer 2020

Instructor – AT 388 "Evaluation of the Lower Body"

Spring 2019 – Spring 2021

Instructor – AT 390 “Rehabilitation of Athletic Injuries”	Spring 2019 – Spring 2021
Instructor – AT 588 “Evaluation of the Lower Extremity”	Spring 2019 – Spring 2021
Instructor – AT 688 “Advanced Rehabilitation of Athletic Injuries”	Spring 2019 – Spring 2021
Instructor – AT 551 “Psychological Considerations in Athletic Training”	Fall 2018, Fall 2020
Instructor – AT 693 “Professional Issues in Athletic Training”	Spring 2018 – Spring 2019
Instructor – AT 650 “Administration of Athletic Training”	Spring 2018
Instructor – AT 350 “Organization & Administration in Athletic Training”	Spring 2018
Instructor – AT 575 “Advanced Nutritional Issues in Athletic Training”	Fall 2017 – Fall 2018
Instructor – EXSS 150 “Introduction to Health Sciences”	Spring 2017 – Fall 2020
Instructor – EXSS 400 “Principles and Theories of Strength & Conditioning”	Fall 2015 – Fall 2020
Instructor – AT 582 “Foundational Skills in Athletic Training”	Summer 2015 – Summer 2020
Instructor – EXSS 150 “Introduction to Health Sciences”	Fall 2014 – Fall 2018
Instructor – AT 282 & AT 282-L “Basic Skills in Athletic Training & Lab”	Spring 2008 – Spring 2019
Instructor – AT 591 “Graduate Clinical Education I/II”	Fall 2015 – Fall 2016, Fall 2019 – Fall 2020
Instructor – HE 100 “Concepts of Health and Wellness”	Spring 2015 – Spring 2016
Instructor – HE 160 “First Aid with CPR”	Spring 2012 – Spring 2014
Guest Lecturer – AT 350 “Organization and Administration in Athletic Training”	Spring 2010
Instructor – EXSS 350 “Organization and Administration in Exercise Science” <i>Team taught in Harlaxton College, Grantham, England</i>	Summer 2009
Instructor – AT 391 “Clinical Level III”	Fall 2007 – Fall 2016, Fall 2019
Preceptor/Approved Clinical Instructor	Fall 2007 – Spring 2017

Southern Illinois University Edwardsville, Edwardsville, Illinois
Department of Applied Health

Guest Lecturer – KIN 275 “Intro to Careers in Nutritional & Exercise Sciences” **Fall 2018 & Fall 2019**
Provided students with insight regarding the role of athletic trainers in a health care team.

University of North Carolina Asheville, Asheville, North Carolina
Department of Health and Wellness Promotion

Lecturer – HWP 220 “Introduction to Sports Medicine” **Fall 2006 – Spring 2007**

Lecturer – HWP 421 “Seminar in Sports Medicine” **Spring 2007**

Lecturer – HWP 152 “Health and Fitness”

Spring 2007

Western Carolina University, Cullowhee, North Carolina
Department of Health and Human Science

Clinical Site Coordinator

Fall 2006 – Spring 2007

Representative for UNC Asheville clinical site within Western Carolina Athletic Training Program.

Approved Clinical Instructor

Fall 2006 – Spring 2007

High Point University, High Point, North Carolina
Department of Exercise and Sport Science

Instructor – PEC 110 “Bowling”

Fall 2004 – Spring 2006

Approved Clinical Instructor

Fall 2005 – Spring 2006

Guest Lecturer – ESS 211 “Evaluation of Athletic Injuries”

Spring 2005, 2006

Guest Lecturer – ESS 391 “Clinical in Injury Prevention & Emergency Procedures” **Fall 2004, 2005**

Guest Lecturer – ESS 392 “Clinical in Strength Training & Isokinetics”

Spring 2005, 2006

Guest Lecturer – ESS 499 “Senior Seminar”

Fall 2004, 2005

Ohio Northern University, Ada, Ohio
Department of Human Performance and Sport Sciences

Teaching Assistant – BIOL 231 “Anatomy & Physiology 1”

Fall 2002, Fall 2003

Teaching Assistant – BIOL 232 “Anatomy & Physiology 2”

Winter 2002, Winter 2003

Teaching Assistant – HPES 221 “Exercise Physiology”

Spring 2003, Spring 2004

CLINICAL EXPERIENCE

Briotix Health, Evansville, Indiana

Part-time Industrial Sports Medicine Provider

June 2017 – July 2019

Provided sports medicine care for Evansville Zone Frito Lay Distribution Center Operations and Sales employees. Recorded weekly on-site hours for consults, ergonomic assessments, and in-person evaluations of work-related and non work-related conditions. Maintained patient confidentiality according to HIPAA guidelines. Abided by OSHA standards in providing care.

University of Evansville, Evansville, Indiana
Intercollegiate Athletics

Assistant Athletic Trainer

July 2007 – July 2017

Primarily responsible for Men’s Basketball, Women’s Soccer, Men’s and Women’s Cross Country, and Women’s Tennis practice and event coverage. Staff contact for Cheer/Dance.

Administered ImpACT Testing for baselines on all student-athletes and post-injury testing.

Utilized SportsWare injury software for documenting student-athlete injuries.

Assisted in insurance claim filing for all student-athletes. AT staff contact responsible for handling student-athlete and parent medical claim questions.

Assisted administration Pre-Participation Physical Examinations for all student-athletes.
Assisted editing and revising Intercollegiate Athletics Pre-Participation forms annually.
Assisted administration of UE Student-Athlete Drug Testing.

University of North Carolina Asheville, Asheville, North Carolina
Intercollegiate Athletics

Assistant Athletic Trainer

July 2006 – July 2007

Primarily responsible for Women's Soccer, Men's Basketball, and Men's Tennis practice and event coverage. Assisted coverage for Men's Soccer, Men's and Women's Cross Country, Men's and Women's Indoor/Outdoor Track & Field, Women's Tennis, and Women's Volleyball.
Utilized SIMS injury software for documenting student-athlete injuries.
Administered Pre-Participation Physical Examinations for all student-athletes.
Assisted administration of UNC Asheville Student-Athlete Drug Testing.
Assisted in insurance claim filing for all student-athletes.

High Point University, High Point, North Carolina
Intercollegiate Athletics

Graduate Assistant Athletic Trainer

August 2004 – May 2006

Assisted athletic training coverage for Men's and Women's Basketball, Men's and Women's Soccer, Men's and Women's Cross Country, Men's and Women's Track & Field, Baseball, and Volleyball.

UNIVERSITY SERVICE

University of Evansville, Evansville, Indiana

Member

Admissions and Standards Committee
Graduate Curriculum Committee
Writing Across the Curriculum Sub-Committee
Graves Hall Safety Committee
2nd floor representative

Fall 2019 – Spring 2021
Fall 2018 – Spring 2021
Fall 2017 – Spring 2021
Fall 2017 – Spring 2021
Fall 2018 – Spring 2021

University of Evansville, Evansville, Indiana
School of Health Sciences

Clinical Education Coordinator

UE Master of Science in Athletic Training Program

Summer 2020 – Spring 2021

Interim Program Director

UE Master of Science in Athletic Training Program

Summer 2019 – Summer 2020

Clinical Education Coordinator

UE Athletic Training Programs

Fall 2017 – Spring 2019

Academic Advisor

Undergraduate, Graduate Athletic Training & Exercise Science students **Fall 2017 – Spring 2021**

Program Director & CSCS Sponsor

University of Evansville NSCA-ERP Undergraduate Exercise Science **Spring 2016 – Spring 2021**

Search Committee Member

MS ATP Clinical Education Coordinator
UG ATP Clinical Education Coordinator
ATP Clinical Education Coordinator

Summer 2019
Spring 2019
Spring 2011, 2015

Participant

ATP CAATE Undergraduate Re-accreditation Visit
ATP CAATE Professional-Level Master's Initial Accreditation Visit
ATP CAATE Undergraduate Re-accreditation Visit

December 2018
January 2017
October 2008

Interviewer

MSAT Admittance Interviews
ATP Freshman Admittance Interviews
ATP Senior Rotation Interviews

Spring 2015 – 2021
Spring 2008 – 2020
Spring 2008 – 2020

University of Evansville, Evansville, Indiana
Athletic Department

Athletic Training Host

Missouri Valley Conference Women's Soccer Championship
Missouri Valley Conference Men's & Women's Cross Country Championship
Missouri Valley Conference Women's Golf Championship

November 2007, 2013, 2015
October 2015
April 2010

Search Committee Member

Athletic Training Intern
Assistant Athletic Trainer/Instructor
Assistant Sports Information Director
Head Strength & Conditioning Coach

Spring 2009 – 2019
July 2008, February 2013, April 2016, May 2017, May 2018
September 2010
June 2008, June 2013

University of Evansville, Evansville, Indiana
Student Recreation

Athletic Trainer

2016 Campus Recreation Bike Race

April 16, 2016

Western Carolina University, Cullowhee, North Carolina
Department of Health and Human Sciences

Participant

Undergraduate ATP CAATE Initial Accreditation Visit

March 2007

High Point University, High Point, North Carolina
Department of Exercise and Sport Science

Participant

Undergraduate ATP CAATE Re-accreditation Visit

October 2004

COMMUNITY SERVICE

Instructor

ARC Basic Life Support
ARC Adult CPR/AED with Pediatric CPR
ARC CPR/AED for Professional Rescuers

August 2015 – present
July 2012 – present
August 2009 – present

Volunteer Athletic Trainer

Demolition City Roller Derby; Evansville, Indiana

April 2009 – May 2010

Volunteer Athletic Trainer

Jerome Davis Challenger Cup Bull Riding Event; Archdale, North Carolina

August 2005

MANUSCRIPTS

Coppus TA, Anderson T, Hurley E, Gill DL, Brown PK. The Practical Utility of Objective Training Load Indices in Division I College Soccer Players. *Journal of Strength & Conditioning Research*. (Submitted April 27, 2021 – Being revised)

GRANTS AWARDED

University of Evansville, Evansville, Indiana
Eykamp Center for Teaching Excellence

Teaching Innovation Grant, \$129.00

December 2019

Used to purchase portable web cam to implement in athletic training course instruction

CERTIFICATIONS

BOC Certified Athletic Trainer (#060402653)

June 2004

Alabama Licensed Athletic Trainer (#2495)

May 2021

NSCA Certified Strength & Conditioning Specialist (#200425189)

December 2004

National Provider Identifier #1306881966

June 2006

Selective Functional Movement Assessment Levels 1 & 2

June 2009 & July 2010

American Red Cross CPR/AED for Professional Rescuers

Valid Through October 2022

American Red Cross CPR/AED for Professional Rescuers Instructor **Valid Through October 2022**

PROFESSIONAL ORGANIZATIONS

Alabama Athletic Trainers' Association

Southeast Athletic Trainers' Association

National Athletic Trainers' Association (#991983)

National Strength & Conditioning Association (#000051627)

AWARDS AND RECOGNITION

University of Evansville, Evansville, Indiana

Student-Athlete Academic Honors Breakfast Invitee

September 2013, 2016

Chi Omega Professor's Breakfast Invitee

April 2011, 2012, 2013

Women's Soccer Faculty and Staff Recognition Day Invitee

September 2012, 2018

Western Carolina University, Cullowhee, North Carolina

Outstanding New ACI Award

2006 – 2007

Ohio Northern University, Ada, Ohio

Phi Epsilon Kappa Service Award

2004

Highest Athletic Training Student Cumulative GPA for the Year	2002-2003, 2003-2004
Human Performance & Sport Sciences Club Award of Excellence	2004
Human Performance & Sport Sciences Major of the Year	2003
Joseph Uhl Scholarship	2003