Teresa W. Johnson, DCN, RDN, FAND

Professor
Troy University
Kinesiology & Health Promotion
School of Nursing
Email: tjohnson@troy.edu

Education

Doctorate of Clinical Nutrition, Rutgers University (University of Medicine and Dentistry of New Jersey) 2010

MA, Auburn University 1987

BS, University of Montevallo 1984

Professional Positions

Academic

Editorial Board of the journal *Topics in Clinical Nutrition*. August 1, 2019 - present

Advisory Board Dietetics Program, University of Montevallo. (August 1, 2011 - Present).

Advisory Board Graduate Program in Dietetics, Auburn University (April 1, 2019 – April 1, 2024)

Advisory Board Graduate Programs in Clinical Nutrition, Rutgers University. (August 1, 2010 - 2015)

Government

Board Member of the Alabama Board of Examiners for Dietetics and Nutrition Practice. Appointed by Governor Kay Ivey 9-12-2019 – 2022. Renewed again 9-1-2023 - 2026

Member, Alabama Department of Public Health- Council on Disease Prevention and Health Promotion. (February 1, 2007 - May 1, 2012).

Professional

House of Delegates Representative to the Academy of Nutrition and Dietetics (elected; June 1, 2017 – May 30, 2020)

President Montgomery District Dietetic Association (June 1, 2016 – May 30, 2017)

President-elect Montgomery District Dietetic Association. (May 30, 2015- June 1, 2016)

Chair of Nutrition Educators of Health Professionals. (National- elected). (May 1, 2011 - May 1, 2013).

Past president Montgomery District Dietetic Association

Licensures and Certifications

Registered, Licensed Dietitian, Academy of Nutrition & Dietetics and Alabama Dietetic Association. (August 1988 - Present). Reg. # 706982

Professional Memberships

Nutrition Educators of Health Professionals. (March 2011 – Present; **past chair**; past social media director and House of Delegates representative 2017 - 2020).

American Society for Parenteral and Enteral Nutrition. February 1, 2011 - Present.

Sports, Cardiovascular and Wellness Nutrition (SCAN) member – 2017 - Present

Pediatrics Practice Group. August 20, 2005 - Present.

Academy of Nutrition & Dietetics (formerly the American Dietetic Association). (September 1, 1988 - Present).

Alabama Dietetic Association. September 1, 1988 - Present.

Past president (twice), Montgomery District Dietetic Association. September 1, 1988

National League of Nursing. (September 2, 2010 - September 2, 2013).

Clinical Practice (current and prior to full time teaching)

Nutritionist Vendor for Alabama Children's Rehabilitation Services (1996 – 2022)

Pool Dietitian for HealthSouth Rehabilitation Hospital (2011 – 2022)

Consultant dietitian for Charles Henderson Child Health Center (pediatrics practice group in Troy, Alabama). (2009 – 2017)

Clinical Dietitian for Fr. Walter Memorial Child Care Center for Exceptional Children (Long term care facility for children with severe developmental disabilities) March 1992 – August 2004.

Clinical Dietitian for Jackson Hospital and Clinic (May 1986 – December 1987)

Food Service Director for South Haven Manor Nursing Home and Corporate Offices (December 1984 – May 1986)

Teaching Experience

Professor in the College of Health and Human Services (Kinesiology and Health Promotion and Nursing) Troy University.
Full Professor – August 1, 2015
Associate Professor – August 1, 2012
Tenure – November 16, 2009
Assistant Professor – August 1, 2008
Lecturer – August 1, 2004

Adjunct Instructor (11 hour teaching load) for Auburn University Montgomery Campus teaching Biology 101 w/lab and Basic Nutrition courses. (August 1988 – August 2004)

Clinical Instructor Auburn University Coordinated Undergraduate Program (December 1987 – May 1988). Note this degree program was being phased out and I was hired to

provide field supervision experiences for dietetic students.

TEACHING

Teaching Experience

Troy University

KHP 2211, Human Nutrition
KHP 3310, Introduction to Food Science
KHP 3311, Nutritional Assessment
KHP 3315, Complementary and Alternative Therapy
KHP 4458, Lifecycle Nutrition
KHP L310, Introduction to Food Science Lab
NSG 2204, Nutrition for Nursing
NSG 4407, Clinical Nutrition
NSG 6692, Data Analysis Techniques in Research
KHP 6650 Sport Nutrition & Exercise Metabolism
KHP 2200 Health Concepts
KHP 4405 Physical Activity in Health and Disease
KHP 2240 Personal and Community Health
KHP 4458 Sport Nutrition
KHP 4498 Internship in Exercise Science

Directed Student Learning

Doctoral Research Project Advisory Board: Healthcare Practitioner's Perceptions of Blenderized Food Tube Feeding by Terry Brown, MS, RD Doctoral student at Rutgers University 2023

Master's research project: Hydration Status of Collegiate Female Athletes
Advised Sydney Westry (Spring semester 2019)

Doctoral Advisory Committee Member, "Use of a Breast Feeding App in Health Care Professionals to Improve Breast Feeding Continuance". (August 1, 2015 – May 2017)

Master's Thesis Committee Member, "Effect of Self-Monitoring on Nutrient Quality of Diet," KHP. (October 1, 2012 - May 1, 2013).
Advised: Emily Hayes

Doctoral Advisory Committee Member, "Effectiveness of a Pediatric Weight Loss Program on Anthropometric Measures," Nursing. (September 1, 2011 - May 1, 2013).
Advised: Kerri Outlaw

Doctoral Advisory Committee Member, "Impact of Daily Consumption of Cranberry Juice on symptoms of Urinary Tract Infection," Nursing. (September 1, 2011 - May 15, 2012).
Advised: Altheia Bass

RESEARCH

Published Intellectual Contributions

Refereed Journal Articles

Walker S, **Johnson T,** Carter H, Spurlock A, Johnson K, Hussey J. Blenderized Food Tube Feeding in Very Young Pediatric Patients with Special Health Care Needs. *Nutr Clin Pract* (published online ahead of print March 2023)

Tucker KD, Johnson S, **Johnson T,** Hurt J. Benefits of Early Implementation of Enteral Feeding in Ventilated COVID-19 Patients: A Systematic Review of Current Literature. *The Open Covid Journal*. 2022;2;1-4 ISSN: 2666-9587. DOI: 10.2174/26669587-v2-e2208230, 2022, 2, e266695872208230

Johnson T, Spurlock A, Pritchett A, et al. Poster Abstract - Can Blenderized Tube Feeding Improve Patient Outcomes in Head and Neck Cancer? *J Parenter Enteral Nutr*. 2022;46:S74-S226. https://doi.org/10.1002/jpen.2345

Milton D, Murphy B, **Johnson TW,** et al. Low risk for microbial contamination of syringe and tube feeding bag surfaces after multiple reuses with home blenderized tube feeding. *Nutr Clin Pract*. 2022;37(4):907-912. doi:10.1002/ncp.10835

Spurlock AY, **Johnson TW**, Pritchett A, et al. Blenderized food tube feeding in patients with head and neck cancer. *Nutrition in Clinical Practice*. 2022; 37: 615– 624. https://doi.org/10.1002/ncp.10760.

Pritchett A, Pierce L, Kiser S, **Johnson TW**, Barrows N. Blenderized food tube feeding for radioactive iodine ablation: a case presentation and review of the literature. *Top Clin Nutr.* 2021;36(2):177-185.

Johnson W, Carter H, **Johnson T**, Maday K. Real food for tube feeding makes a comeback. *Am J Biomed Res*. 2020;(6):551-554. DOI: 10.34297/AJBSR.2020.10.001572.

Milton DL, **Johnson TW**, Johnson K, et al. Accepted Safe Food-Handling Procedures Minimizes Microbial Contamination of Home-Prepared Blenderized Tube-Feeding. *Nutr Clin Pract*. 2020;35(3):479-486. doi:10.1002/ncp.10450 (Top cited article for NCP in 2021)

Johnson TW, Seegmiller S, Epp L, Mundi M. Addressing frequent issues of home enteral nutrition patients. *Nutr Clin Prac*. 2019;34(2):186-195. (invited review)

Johnson TW, Milton DL, Johnson K, Carter H, Hurt RT, Mundi MS, Epp L, Spurlock A. Comparison of microbial growth between commercial formula and blenderized food for tube feeding. *Nutr Clin Prac.* 2019;34(2):257-263.

Porat-Katz BS, **Johnson TW**, Katz I, Rachman-Elbaum S. Hoarding among Jewish holocaust survivors: moving toward a theoretical model. *Israeli Med Assn J*. 2018;20:2-5.

Carter H, Johnson K, **Johnson TW,** Spurlock A. Blended tube feeding prevalence, efficacy, and safety: What does the literature say? *J Am Assoc Nur Pract.* 2018;30(3)3:150–157.

Johnson Teresa W., Spurlock Amy L., Epp Lisa, Hurt Ryan T., and Mundi Manpreet S. Reemergence of Blended Tube Feeding and Parent's Reported Experiences in Their Tube Fed Children. *J Alt Com Med*. 2018;24(4):369-373.
Published online ahead of print Apr 1, 2018 at https://doi.org/10.1089/acm.2017.0134

Rachman-Elbaum, S., Stark, A., Kachal J., **Johnson, T**., Porat-Katz, BS. A New System of Documentation to Improve Dietitian-Physician Crosstalk. *Isr Med Assoc J*. 2017;19(6):360-364.

Rachman-Elbaum, S., Stark, A., Kachal J., **Johnson, T**., Porat-Katz, BS. Online training introduces a novel approach to the Dietetic Care Process documentation. *Aus J Nutr Diet*. 2017*;*74(4):365-37.

Johnson, T. W., Spurlock, A. L., Pierce, L. Assessing attitudes and experiences of pediatric registered dietitians with blended food by gastrostomy tube feeding. *Nutrition in Clinical Practice.* 2015; 30(3), 402-405.

Bass-Ware, A., Weed, L. D., **Johnson, T. W**., Spurlock, A. L. Evaluation of the consumption of cranberry juice and symptoms of urinary tract infections. *Urologic Nursing*. 2014; 34(3), 121-127. (Feature article and CPE article through 2016)

Rachman-Elbaum, S., **Johnson, T. W**. Severe Hypertensive Episode Associated with Excess Licorice Consumption: A Case report and Review of the Literature. *Top Clin Nutr.* 2014; 29(2):158-164.

Outlaw, K. L., Spurlock, A. L., Farrell, R. G., **Johnson, T. W**. A family-based behavioral intervention for management of childhood obesity: A pilot study. *Journal of Athletic Medicine.* 2013; 1(3):149-162.

Johnson, T. W., Spurlock, A. L., Galloway, P. Blenderized formula by gastrostomy tube: A case presentation and review of the literature. *Top Clin Nutr.* 2013; *28*(1): 84-92.

Avery, G. P. R., **Johnson, T. W.,** Hamilton, B. K. The school wellness nurse- a model for bridging gaps in school wellness programs. *Pediatric Nursing Journal*. 2013; 39(1):13-17.

Johnson, T. W., Spurlock, A. L., Parrott, J. S., Cousins, M., Dunn, J., Avery, G. P. R., Hamilton, B. K. A comparison of field methods to assess body weight of minority elementary school children. *International Journal of Body Composition and Research.* 2011; 9(4): 141-146.

Johnson, T. W., Weed, L. D., Decker, R. School-based Interventions for overweight and obesity in minority school children. *Journal of School Nursing*. 2011; 28:116-123.

Johnson, T. W., Burns, D. S. Pediatric Dental Erosion and Esophageal Reflux Disease. *Pediatric Nursing Journal,* 2010;36(1).

Johnson, T. W., Avery, G. P. R. Vitamin D and metabolic syndrome. *Top Clin Nutr.* 2009;24(1): 47-54.

Johnson, T. W. Dietary Considerations in Autism: Identifying a Reasonable Approach. *Topics in Clinical Nutrition.* 2006; 21(3):212-225.

Periodicals

Johnson, T. W. (2010). *Future Directions in Higher Education: A White Paper Summary* (Fall ed.). The Nutrition Educator's Resource.

Johnson, T. W. (2009). *Incorporating Genomics into Health Education* (Fall ed.). The Nutrition Educator's Resource.

Johnson, T. W. (2009). *Integrating Evidence Based Practice into Health Care Curriculum* (Summer ed.). The Nutrition Educator's Resource.

Johnson, T. W. (2008). *Using Webquests for Nutrition Instruction* (Summer ed.). The Nutrition Educator's Resource.

Johnson, T. W. (2006). *The Cultural Context of Breastfeeding Education and Promotion* (3rd ed., vol. 29, pp. 3). Building Block for Life: Pediatric Nutrition.

Presentations Given/Published Abstracts

Post-pyloric tube feeding with blenderized food- a survey of registered dietitians in North America (Poster- Regional, contributor only) College of Health Sciences Clinical and Translational Scholarship Conference, held on March 3, 2023 at Boise State University.

"Are Your Courses RSI-Ready?" co-presenter with Dr. Leora Waldner on 3/31/2023. National Webinar- invited by dietetics practice groups Nutrition Educators of Health Professionals and Nutrition of Dietetic Education Practitioners.

Encore Presentation (Invited) Safe and Easy Administration of Blenderized Enteral Nutrition national webinar 5/25/2022. Co-presenter with Melissa Blandford MS, RD, Director of Medical Affairs, Nutricia North America. 2000+ registered with over 1200 in attendance (largest ever for this company). 1 CEU provided for attendees.

Food Based Tube Feeding for Oncology Patients. Webinar for New England chapter of Enteral and Parenteral Nutrition (NESPEN) regional meeting. 10/18/2022. 1 CEU provided for attendees

Safe and Easy Administration of Blenderized Enteral Nutrition national webinar 5/25/2022. Co-presenter with Melissa Blandford MS, RD, Director of Medical Affairs, Nutricia North America. 352 in attendance. 1 CEU provided for attendees.

National, online presentation for Nutricia of North America titled "Potential Impact of Real Food Feeding in Patients with Head and Neck Cancer. 356 in attendance; 1 CEU awarded to attendees. 4/21/2022

Invited to participate in the 3-part video series by ASPEN on Enteral Nutrition in the Oncology population. Posted 11/24/2022: https://www.youtube.com/watch?v=RJh2E8KMmlg

Contributed a video presentation as part of an ASPEN series on Oncology Nutrition 1/10/2022 (invited, international) titled: Blenderized Tube Feeding for Patients with Head and Neck Cancer: Potential for Improved Nutrition Outcomes.

Can Blenderized Tube Feeding Improve Patient Outcomes in Head and Neck Cancer?, Poster presentation at the ASPEN 2022 Nutrition Science & Practice Conference at the Washington Convention Center in Seattle, WA from March 26 - 29, 2022. Abstract published in *JPEN* as a part of the ASPEN Nutrition Science &Practice Conference Supplement.

Johnson T. Blenderized Tube Feeding in the Oncology Population, Potential for Improved Patient Nutritional Outcomes. National webinar; invited by Real Food Blends to provide a literature and presentation of our published work on this topic. 1 CEU provided 11/11/2021

Johnson T, Walker S, Bennett K. Can your tube fed patients have real food? Podium presentation Food and Nutrition Conference (FNCE/International)- advanced practice level October 19, 2021. 1 CEU provided

Invited: Blenderized Tube Feeding in the Oncology Population- An Opportunity to Improve Nutrition Outcomes. 10/11/2021 National online platform provided by Nutricia for all Mayo Clinic Registered Dietitians in the US.

Invited: An Introduction to Blenderized Tube Feeding and Review of the Literature. Birmingham District Dietetic Association. 10/14/2021

2021 Research Scientific Roundtable: “Real Food Tube Feeding for Adult Patients" provided by Abbott Pharmaceuticals. 5/6/21. Invited/International; https://anhi.org/resources/podcasts-and-videos/real-food-tube-feeding

Dietitians in Nutrition Support Dietetics Practice Group (invited) National Webinar. 12/4/2020 Interview with Christina Rollins on Re-emergence of Blenderized Tube Feeding in Nutrition Support.

Blenderized Tube Feeding in Adult Populations (2 parts of a 6 part series). American Society of Parenteral and Enteral Nutrition (ASPEN). 11/5/2020. Available at http://ow.ly/phwa50EN8Ef https://www.youtube.com/watch?v=HkwwOKSpp9g&feature=youtu.be and https://www.youtube.com/watch?v=KhZfgaCtJVo&feature=youtu.be International/Invited

(Encore) Milton DL, Johnson TW, Johnson K. Murphy B, Carter H, Hurt TR, Mundi M, Johnson K, Epp L, Spurlock A, Hussey J. Microbial Load of Home-Prepared Blenderized Tube Feeding. Poster and Published Abstract (2020), ASPEN NUTRITION SCIENCE & PRACTICE CONFERENCE: March 28–31, 2020, Tampa, Florida. Journal of Parenteral and Enteral Nutrition, 44: 382-382. doi:10.1002/jpen.1813

Johnson T. “Meeting of the Minds: Bridging the Divide Between HCPs and Caregivers on Blended Tube Feeding.” Intensive Course in Maternal Child Health Nutrition, UAB Dept of Pediatrics – Division of Adolescent Medicine. Birmingham, AL 2/20/2020

Hooper R, Wilson K, Waldner L, Brandes J, **Johnson T**. "Information Literacy On-Demand: How to Create an Online Library Readiness Mini-Course" Poster Session Georgia International Conference on Information Literacy, February 20-22, 2020.

Cavin G, Esteves T, Johnson TW, McDaniel DM, Waldner L. Best LMS Hacks: What else can you do with a course shell besides teach a class? Online Learning Consortium Innovation Conference. Denver, CO. April 23, 2019. International, Accepted

Rachman-Elbaum S, Porat-Katz BS. Visiting German Scholars to the Hebrew University of Jerusalem Research Symposium **(Author Only).** The HEDisH – Hoarding-associated Eating Disorders in Holocaust Survivors collaboration research project. 11/21/18 Jerusalem, Israel

Jennings L, **Johnson T**. Nutrition for Middle/High School Athletes: How to make the most use of the school nutrition program. (Invited/state) Birmingham ASAHPERD Conference 11/5/18.

Johnson, T. Emerging Issues in Home Enteral Nutrition. Montgomery District Dietetic Association Workshop. (Invited/Regional) Auburn University Wellness Center. 8/24/2018

Johnson, T. Diagnosing Pediatric Malnutrition Using the Nutrition Focused Physical Exam. (Invited; state-wide presentation). Children’s Rehabilitation Services, Montgomery, AL 8/30/2018.

Johnson, T. From Formularies to the Frontline: Updates in Enteral Nutrition. (Invited; state-wide

presentation). 8/24/2018. Auburn University Montgomery Wellness Center, AL

Johnson, T. Hot Topics in Sport Nutrition. ASAPHERD Conference. Orange Beach, AL. 4/20/2018. (Invited)

Johnson, T. Screening/Diagnosis of Adult and Pediatric Malnutrition. DNP Conference. Montgomery, AL 2/23/2018. (Invited)

Johnson, T. Top Issues in Pediatric Enteral Nutrition. UAB Intensive Pediatric Course. Birmingham, AL 2/21/2018. (Invited)

Johnson, T., Updates in Enteral Nutrition. District 5 Alabama State Nurses Association Meeting. February 2, 2018. (Invited)

Johnson, T., Managing the Top 10 Complaints of Home Enteral Nutrition Patients- Pediatrics. ASPEN Nutrition Science & Practice Conference. Las Vegas, NV. (1/25/18) Invited

Johnson, T.W., Carolipio, A. Utilizing Virtual Field Trips in Traditional and Online Teaching. University of North Alabama Faculty Development Forum. (3/2/2016) Invited

Johnson, T. W., Annual National Pediatric Nutrition Course. "The Cultural Context of Breastfeeding," UAB. (most recently February 24, 2016- invited past presenter for the last 10 years).

Johnson, T.W., Galloway, P. Food Through the Tube: An Old Feeding Strategy Comes Full Circle. National Webinar for the Pediatrics Practice Group. (11/15/2015) Invited

Johnson, T. W. Hill, J. International Blackboard World Conference, "Creating Courses that Pop! Redesigning (Not Re-inventing) the Wheel," Blackboard. Washington, D.C. (July 21, 2015). Accepted

Johnson, T. W., Carolipio, A. National Webinar, ""Enriching Your Nutrition Courses by Adding Multimedia." Nutrition Educators of Health Professionals Dietetics Practice Group of the Academy of Nutrition and Dietetics. (April 14, 2015). Invited

Johnson, T. W., Math Camp, "Mathematical Applications in Nutrition Science," Troy University & grant from Mathematical Association of America Tensor Foundation. (June 9, 2014). Invited

Johnson, T. W., Workshop (4 hour) for seniors in the nutrition major at Tel Hai College, Israel. "Medical Nutrition Therapy Assessment & Selected Disorders in Children with Developmental Disabilities," Tel Hai College. (May 19, 2014). Invited

Johnson, T. W., Israeli Ministry of Health, "Medical Nutrition Therapy Guidelines for Children with Developmental Disabilities," Israeli Ministry of Health. (May 18, 2014). Invited

Johnson, T. W., Israeli National Nutrition Week Annual Gathering, "The Obesity Epidemic in America," Israeli Ministry of Health. (May 13, 2014). Invited

Johnson, T. W., Carolipio, A., eColloquium, "Using Multi-Media in Online Course Design. eTroy. (April 21, 2014). Accepted

Johnson, T. W., eTroy Colloquium, "Get Outta Class with Virtual Field Trips," eTroy. (April 21, 2014). Accepted

Johnson, T. W., “Ignite Your Clinical Practice with Outcomes Based Research” National webinar for members of the Pediatric Nutrition Practice Group of the Academy of Nutrition and Dietetics. (December 3, 2013). Invited

Outlaw, K. L. (Presenter & Author), Spurlock, A. L. (Author Only), Farrell, R. G. (Author Only), **Johnson, T. W**. (Author Only), 42nd Biennial Convention for STTI, "Outcomes of a family based intervention for the management of Childhood Obesity," Sigma Theta Tau. (November 18, 2013).

Johnson, T. W., Montgomery District Dietetic Association, "Considerations in Blenderized Tube Feedings," Jackson Hospital. (November 28, 2012). Invited

Outlaw, K. L. (Presenter & Author), Spurlock, A. L. (Author Only), Farrell, R. G. (Author Only), **Johnson, T. W**. (Author Only), the 2012 region 8 conference of the International Nursing Honor Society Sigma Theta Tau, ""LEAP" A family based intervention for management of Pediatric Overweight and Obesity," Union University. (October 26, 2012).

Johnson, T. W., Spurlock, A. L., Avery, G. P. R., Hamilton, B. K., 2012 National Conference on Health Statistics, "Poster: A comparison of field methods to assess body fat of minority elementary school children," Center for Disease Control. (August 7, 2012).

Johnson, T. W. (Presenter & Author), Spurlock, A. L. (Presenter & Author), Advances and Controversies in Clinical Nutrition, "Revisiting an Old Practice: Pureed Food via Gastrostomy Tube A Case Presentation," ASN Medical Nutrition Council (MNC). (Chicago, IL. June 2012). Accepted

Johnson, T. W. (Presenter & Author), Alabama State Department of Education Child Nutrition Program Workshop, "(Invited) The Gluten-Free Casein-Free Diet in Child Nutrition Programs," Alabama State Department of Education. (November 11, 2011).

Avery, G. P. R., **Johnson, T. W.,** Alabama Obesity Task Force Meeting, "Union Springs Elementary School Approach to addressing obesity," APHA. (May 18, 2011).

Johnson, T. W. (Presenter Only), FACES Conference, "Appropriate Applications of the Gluten-Free Diet," Alabama Nursing Association. (April 26, 2011).

Johnson, T. W., Alabama Dietetic Association State Meeting, "Impact of CATCH on Health Behaviors," Poster. ALDA. (March 18, 2011).

Avery, G. P. R., Hamilton, B. K., **Johnson, T. W.,** Sigma Theta Tau Regional Conference, "A research teams efforts at decreasing obesity in elementary students in Alabama." (October 9, 2010).

Avery, G. P. R., Hamilton, B. K., **Johnson, T. W**., Sigma Theta Tau Research Day, "A research team's efforts to intervene in the obesity epidemic in Alabama," Troy University School of Nursing. (February 26, 2010).

Burns, D. S. (Presenter & Author), **Johnson, T. W**. (Presenter & Author), National Pediatric Nursing Conference, “Nutrition Focused Oral Exam and Extra-Esophageal reflux Disease”," Orlando, Florida. (June 27, 2009).

Avery, G. P. R., Hamilton, B. K., **Johnson, T. W**., Health Disparities, "Building a Children's Health Model through Participatory Research," Southern Nursing Research Society. (February 23, 2008).

Hamilton, B. K., Avery, G. P. R. (Author Only), **Johnson, T. W**. (Author Only), Watkins, T. (Author Only), Iota Theta Annual Showcase in Nursing Research Excellence, "Evaluating the Effectiveness of CATCH on the Health Status of Third, Fourth, and Fifth Grade Students in Pike and Bullock Counties," Iota Theta. (March 2006).

Contracts, Grants and Sponsored Research

Grants

S Rachman-Elbaum, Dr. FJ Schweigert, T Grune, P Warschburger, K Norman, A Henze, U Elbelt, O Haehnke. O. Froy, BS Porat-Katz**, T Johnson**, A Shotan. Hoarding-associated Eating Disorders in Holocaust Survivors, the HEDisH Study. 2019-ongoing. Claims Conference Grant $44,000. Funded

Johnson, T. Healthy Home Makeover (Principal). Alabama Council for Developmental Disabilities 2016-2017 mini-grant, $12,000. Not funded.

Spurlock, A. L. (Co-Principal), Hamilton, B. K. (Co-Principal), Avery, G. P. R. (Co-Principal), Merkel, E. T. (Supporting), **Johnson, T. W.** (Supporting), "Environmental Predictors of Consumption Behaviors and Revenue in Rural Elementary Schools," Sponsored by Robert Wood Johnson, Private, $10,000.00. Not funded

Shaughnessy, C. H. (Principal), Sluder, J. B. (Co-Principal), **Johnson, T. W**. (Co-Principal), Juan, H. (Co-Principal), "Healthy Start," Sponsored by General Mills, Private, $10,000.00. Not Funded

Johnson, T. W., "Nutrition Education Resources for Young Mothers," Sponsored by Allen Foundation, Private, $13,000.00. Not funded

Spurlock, A. L. (Principal), Avery, G. P. R. (Co-Principal), Hamilton, B. K. (Co-Principal), Merkel, E. T. (Supporting), **Johnson, T. W.** (Supporting), "Policy Predictors of Nutritional Health Indicators, Consumption Behaviors and Revenue in Rural Elementary Schools," Sponsored by Robert Wood Johnson, Private, $98,000.00. Not Funded- scored 96.

Johnson, T. W. (Co-Principal), Hamilton, B. K. (Principal), Avery, G. P. R. (Co-Principal), Bazzell, J. L. (Supporting), Dunn, C. G. (Supporting), Outlaw, K. L. (Supporting), Warren, I. L. (Supporting), "Healthy Schools Healthy Kids Healthy Families Phase 2," Sponsored by HRSA, Federal, $450,000.00. (May 1, 2013 - May 1, 2016). Not Funded

Weed, L. D. (Co-Principal), **Johnson, T. W**. (Co-Principal), "Nutrition Education," Sponsored by Allen Foundation Inc., Private, $14,000.00. (June 2011 - June 2012). Not funded

Hamilton, B. K. (Co-Principal), Avery, G. P. R. (Principal), **Johnson, T. W**. (Co-Principal), Dunn, C. G. (Supporting), Bazzell, J. L. (Supporting), "Healthy Schools Healthy Kids Healthy Families," Sponsored by HRSA, Federal, $375,000.00. (May 2009 - April 2012). **Funded**

Hamilton, B. K. (Co-Principal), Avery, G. P. R. (Co-Principal), **Johnson, T. W**. (Supporting), Watkins, T. (Principal), Cathy, R. (Supporting), "Healthy Schools Healthy Kids Phase II," Sponsored by HRSA Rural Outreach, Federal, $600,000.00. (May 1, 2005 - April 30, 2008). **Funded**

Awards and Honors

Received a commendation and certificate on 4/30/2020 from journal *Nutrition in Clinical Practice* as follows: “Among work published between January 2018 and December 2019, yours

received some of the most downloads in the 12 months following online publication." Citation: Johnson TW, Seegmiller S, Epp L, Mundi M. Addressing frequent issues of home enteral nutrition patients. *Nutr Clin Prac*. 2019;34(2):186-195. (invited review)

Fellow of the Academy of Nutrition and Dietetics. Conferred May 1, 2018.

Recipient of the 2017-18 Nutrition Educators of Health Professionals Excellence in Nutrition Education Award. FNCE, Chicago, IL October 22, 2017.

Exemplary Course Award Winner (runner up) 2014, eTroy.

Inducted into Phi Kappa Phi, Troy University. (April 21, 2014).

Ruth Stovall Outstanding Alumnus, University of Montevallo Dept. Family & Consumer Sciences. (February 8, 2014).

Recipient of the 2012 Published Research Award, Recipient of the Pediatrics Practice Group of the Academy of Nutrition and Dietetics. (October 7, 2012).

Third place winner for the Scholarly Publication Award for SAGE Publishers for article in Journal of School Health. (2011)

Certificate of Excellence for Outstanding Academic Performance UMDNJ School of Health Related Professions – Doctorate of Clinical Nutrition Program on May 24th, 2011, Formerly University of Medicine and Dentistry of New Jersey- Officially Rutgers University. (May 24, 2011).

Chancellor's Award of Distinction for Sponsored Program Success, Troy University. (December 2009).

Edna Page Langholz Memorial Scholarship, American Dietetic Association. (September 2007).

SERVICE

University/College/Dept. Service

Represented CRC at the URC 2022/2023

College Review Committee (second term served; 3 years) 2021 - present

Faculty sponsor for Nutrition Club. January 2019 – present.

Faculty sponsor for KHP club. August 2016 – July 2018.

Committee Member, University Library. August 1, 2014 – 2022.

Committee Member, Learning Management System Review Committee. 6/28/2016 – 2/20/2017

Committee Member, University Health and Wellness. (September 1, 2011 - 2016).

Committee Member, College Review Committee. (August 1, 2012 - May 1, 2015).

Committee Member, eTROY Instructional Design Faculty Feedback Group. (June 1, 2012 - May 1, 2014).

Committee Member, eColloquium Planning Committee. (August 1, 2012 - May 1, 2013).

Committee Chair, Learning Resources School of Nursing. (September 2010 - May 2012).

Committee Member, eCampus Academic Communication Committee. (August 1, 2010 - May 1, 2012).

Professional Service

Advisory Board, Nutricia, North America. Invited 8/15/2022-

Social Media Chair for Montgomery District Dietetic Association and Nutrition Educators of Health Professions. 2011- 2021

Editorial Board of professional academic journal *Topics in Clinical Nutrition*. (August 1, 2019 – present)

Board Member of the Alabama Board of Examiners for Dietetics and Nutrition Practice. Appointed by Governor Kay Ivey 9-12-2019 – 2022. Reappointed 8-16-2022 through 2025

Member, Alabama Department of Public Health- Council on Disease Prevention and Health Promotion. (February 1, 2007 - May 1, 2012).

House of Delegate Representative in the Academy of Nutrition and Dietetics. 2017-2020.

President of the Montgomery District Dietetic Association (served 2 terms both requiring 3 year commitment)

Committee Member, University of Medicine and Dentistry of New Jersey Graduate Programs Council, New Jersey. (January 2011 - 2017).

Committee Member, University of Montevallo Dietetics Program Advisory Board, Montevallo, Alabama. (January 2011 - Present).

Advisory Board Graduate Program in Dietetics, Auburn University (April 1, 2019 – April 1, 2024)

Invited Lecturer & member (past president), Montgomery District Dietetic Association, Montgomery, Alabama. (August 1, 1985 - Present).

Chairperson (national/elected), Nutrition Educators of Health Professionals. (May 1, 2011 - May 1, 2013).

Public Service

Nutrition and Cancer presentation for Christ Center Church. Montgomery, AL (10/28/17).

Prepare and host a booth for the Children's Health Field Day, Troy, Alabama. (April 4, 2011 – 2014).

Pianist for Pinning Ceremonies at the Nursing School, Troy, Alabama. (May 1, 2009 - Present).

Guest Speaker, Troy University Athletic Programs on Sport Nutrition. (August 1, 2010 - May 1, 2015).

Guest Speaker, Parkinson's Support Group, Montgomery, Alabama. (September 15, 2012 - September 25, 2014).

Guest Speaker, Sodexo, Troy, Alabama. (May 15, 2013).

Guest Speaker, Sigma Theta Tau (Troy University Chapter), Troy, Alabama. (April 20, 2013).

Committee Member, Alabama Department of Public Health Council for Disease Prevention & Health Promotion, Alabama. (2006 - 2012).

Provide nutrition therapy and counseling for students, faculty and staff referred from the Troy University Health Center- pro bono (2008 – present)

Consulting

Academic, Journal of Geriatric Nursing. (April 1, 2015 - Present).

Academic, Journal of the Academy of Nutrition and Dietetics. (November 1, 2012 - Present).

Academic, Reviewer for Topics in Clinical Nutrition Journal. (September 1, 2012 - Present).

Academic, Reviewer World Health and Medical Policy. (June 1, 2012 - 2016).

Academic, Reviewer for the Journal of Clinical Hypertension. (May 10, 2012 - 2017).

Academic, Reviewer for the Journal of School Health. (January 1, 2008 - Present).

Government, Children's Rehabilitative Services- consultant RD. (May 1999 - Present).

Academic, Reviewer- McGraw Hill Publishing. (March 1, 2013 - Present).